



Anatomy of Upper GI Endoscopy

Upper GI Endoscopy allows the physician to look directly at the upper gastrointestinal tract, including the esophagus, stomach, and the first and second portion of the duodenum of the small intestine. Upper GI Endoscopy can diagnose ulcers, inflammation, tumors, and causes of bleeding or pain. It is also used for taking biopsy specimens, removing foreign objects or polyps, stopping bleeding, and opening blockages.

Are there any possible complications?

EGD is safe and is associated with a very low risk. Complications can occur but are rare. Possible complications include:

- hemorrhage (bleeding)
- perforation (tearing) of the esophagus, or stomach or Duodenum
- pneumonia, or
- an adverse reaction to one of the medications.

In very rare circumstances, death could result from a complication.

Preparations Before Scheduling Endoscopy

1. Tell your doctor if you are taking any blood thinners such as aspirin, Coumadin®, Persantine®, Ticlid®, or Trental®, or any anti-inflammatory or anti-arthritis products. Your doctor will usually recommend stopping these medications several days prior to your procedure for Coumadin® & seven days for all others unless specified.
2. If you are a diabetic patient on insulin hold a.m. Insulin dose/oral hypoglycemic agent. We will check glucose after your procedure and adjust your insulin dose/oral hypoglycemic agent accordingly.

3. If you have any condition that requires you to take preventative antibiotics before you have a procedure, please tell your doctor.
4. Make sure your doctor has a list of current medications you are taking, and inform him of any allergies to medications or anesthetics.
5. Provide the office with your insurance information so authorization can be obtained, if needed. If you do not have insurance or other financial coverage, you will need to make financial arrangements ahead of time in the business office of the hospital and doctor's office before the day of the exam.

Preparing for Endoscopy

Day Of The Exam:

Arrive at the hospital one hour before your procedure is scheduled so necessary preparations can be made.

1. It is best if your stomach is empty for at least 6 hours prior to the procedure. If the procedure is scheduled for morning, do not have anything after midnight the night before the exam.
2. If the exam is in the afternoon, you may have clear liquids (no milk products) until 6 hours before the exam and then nothing by mouth.
3. You may take prescribed medication with a small amount of water 6 hours before the test.
4. Plan on staying three hours. The procedure takes a few minutes. However, recovery from sedation will take longer.
5. You must have a driver present. You will be able to walk, but not fully concentrate. You probably will not remember the procedure or talking with the doctor, so the driver will have a copy of written instructions and any results of the test.



After The Procedure

1. You may have a mild sore throat lasting one to two days. You can use Lozenges for relief. You may have gas or cramps.
2. Do not eat or drink for one hour (if you get fever after the procedure, call the doctor immediately.)
Eat light the day after the procedure.
3. Do not drive for 24 hours after the procedure.
4. You will be notified of any test results by our office in 2 weeks. If you have any questions, please ask or call our office if needed. Make a follow-up appointment in 8 weeks after the procedure is performed, unless otherwise designated in post procedure instructions.
5. Avoid all blood thinners at least 14 days following the procedure, especially if a biopsy was performed.
6. Take all medications to completion as prescribed by Dr. Fine.

Appointment Information

Date: _____

Report To: _____

Arrival Time: _____

Procedure Time: _____

Please call our office at (972) 253-4205
if you are unable to keep your appointment.

Preparing for:

Upper Gastrointestinal Endoscopy (EGD)



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